

BALLOON TOWER



TEAM BUILDING ACTIVITY:

If you are looking for a fun and engaging team building activity to do with your students, look no further than the Balloon Tower! This activity encourages teamwork and gives an opportunity for discussion about challenges we may face.

Objective: Use a bag of balloons and a roll of masking tape to build the tallest freestanding tower possible in the time allotted.

Time Needed: 20-30 minutes

Group Size: Any, split into teams of 4-6 people

Materials (per team):

- 1 bag of balloons
- 1 roll of masking tape



Directions: If your group is larger than 6, split into smaller teams. Give each team a bag of balloons and a roll of tape. Challenge the teams to make the tallest freestanding tower they can using only the balloons and tape.

Allow four minutes of brainstorming and planning. When you say “Go!” the tower building can begin.

Let the teams build for 10 minutes, giving time announcements at five minutes, two minutes and one minute remaining. At the end, whichever team has the tallest freestanding tower is the winner.



Discussion Questions:

1. What worked for your group? What didn't? How did you know?
2. What was challenging? How did you deal with those challenges?
3. How do you feel about your finished tower?
4. How is this activity like working on a project together with other students?