

Is Your Character **Ripe** or **Rotten**?



If I offered you this piece of fruit (holding up a rotten banana), would you like to eat it? Let the children answer. Of course you wouldn't. This banana is yucky and rotten. We want to throw that banana away.

What if I offered you this banana (holding up the ripe banana)? Would you like to eat this one? Let the children answer. I bet you would like to eat this banana. It is yellow and ripe, and probably tastes really yummy. Our life is like these two fruits.

On one hand, we have people who do bad things and make us feel sad (hold up rotten banana). While on the other hand, we have people who like to do good things, like help others and be nice to others and have good character. (hold up ripe banana)

Discussion:

- Which piece of fruit would you rather be like? A rotten banana or the ripe banana? Why?
- How can we treat others and show our good character?
- How can we keep our character on track?

