

SWEET WORDS

Does what you have on the inside match what you are portraying to others?

Who doesn't love a cupcake? This delectable treat is inexpensive and it's the perfect item to use as an object lesson for kids. Cupcakes are great for a holiday lesson or any time of the year. Prepare a batch of cupcakes or if you don't enjoy baking you can purchase some from your local bakery. Of course, if you're going to use a cupcake object lesson, you need to have enough to go around after the lesson.



Kids can be well behaved and look good on the outside but often lack courageous character on the inside.

Fake Out: This object lesson is a total fake out! Instead of yellow cupcakes, use a corn muffin. Ice the corn muffin with white frosting before class. You can also add sprinkles or other decorations. Yummy! (Or so kids think!) Show the class the cupcake and talk about how delicious it looks. (Really talk it up!) Invite a volunteer to come taste your cupcake. When they discover it tastes wrong, explain that you must have mixed up the cupcake with a corn muffin. Use the opportunity to explain that we need to look good on the inside too, not just on the outside. Inside traits cannot be seen but are found through our actions and words. These inside traits are known as our character.

Sweet Words: Bring enough cupcakes for everyone in the class. Before you share the cupcakes with the kids, share how cupcakes are like our character. It is who a character is on the inside- their personality or their character. Character traits show through what a character says or does. Talk about how sweet cupcakes nourish our tummies and make our taste buds happy. Just like the cupcake, our actions and the words we choose to use with our friends is what makes us yummy on the inside. It does not matter what you look like on the outside, it is what you look like on the inside that matters!

DISCUSSION:

What kind of character are you on the inside?

What are some ways we can make our character better on the inside?

How do our actions and words impact the feeling of others?

Why is it important to portray ourselves on the inside as well as the outside?

Character in life is what makes people believe in you and is essential both for individual success and for our society to function successfully. We all need to take a look at ourselves on the inside as well as the outside and ask ourselves...if what we have on the inside is what we portray on the outside!

