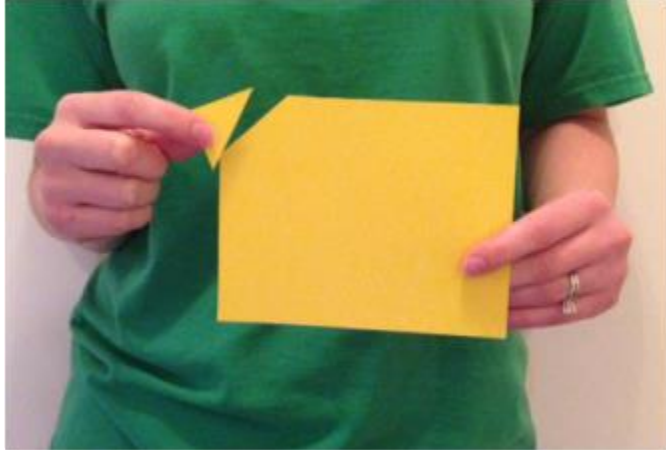


Cutting Corners to Kindness



Materials needed:

- Paper
- Scissors
- Computer to play video

Introduction:

- Write a simple math problem on the board. "I have a sheet of paper that has four corners. I decide to give one corner to my friend. How many corners do I have left?"
- Show the class a sheet of paper. Ask them how many corners the paper has. (4). What happens if I decide to give one of these corners to someone else? How many corners do I have now? How is it possible that I gave away one corner, but actually gained an extra in the process? **How can "kindness" be like this sheet of paper?**
- What is kindness? (write ideas on board)

Lesson:

- When was a time when someone was kind to you? How did it make you feel?
- Was there ever a time when someone could have helped you but chose not to? How did/would that make you feel?
- Why would people choose not to be kind to other people? (Think about the paper activity- people may think that they would be LOSING something by going out of their way to be kind).
- What ways can you show kindness to people here at school?
- After discussing, give each student a sheet of paper. On that paper, have students write one act of kindness on each corner and challenge the student to do the kind deed for a person, they will cut or tear off the corner of their sheet symbolically. Every time they cut a corner...they gain another corner to do a kind deed.